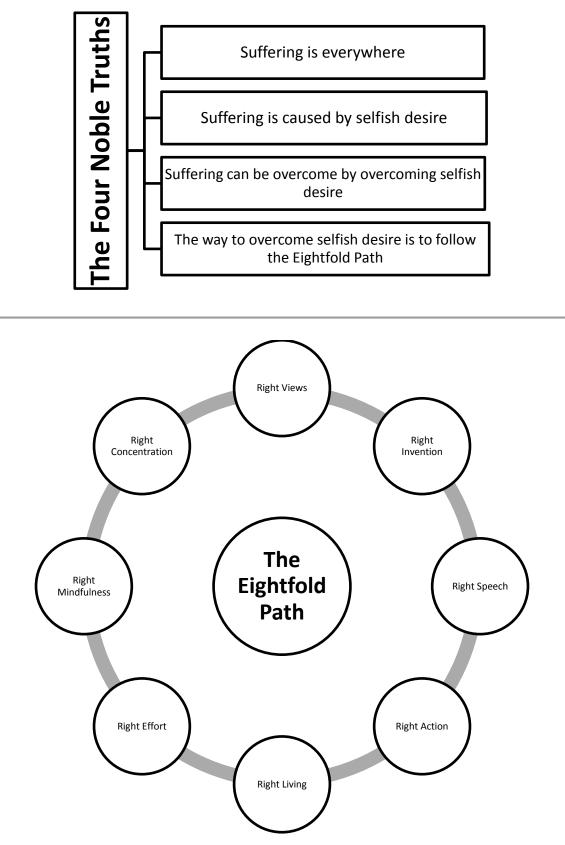
WHI.4cd in a Nutshell



_	Hinduism	Buddhism
Founder	No one founder Developed out of the Vedic tradition	Siddhartha Gautama (Buddha)
Where did the religion start?	India	India
What are the sacred writings or holy books?	Vedas Upanishads Mahabharata and Ramayana (epic poems) Bhagavada Gita	Jatakas
Monotheistic or Polytheistic?	Polytheistic	Polytheistic
Major Beliefs, Customs, and Traditions	Monism Maya Reincarnation Dharma Karma Caste system Yoga Sacred cows	Karma Four Noble Truths Eightfold Path
Is there a heaven? How do you get there?	Heaven = Yes No Fulfill your dharma Have good karma Reincarnation into higher caste Eventually reach Nirvana	Heaven = Yes No Know the Four Noble Truths Follow the Eightfold Path
How and where did this religion spread?	Throughout India along trade routes	Spread throughout Asia to China Asoka sent missionaries, trade routes

Directions: Complete the following graphic organizers.



The Four Noble Truths